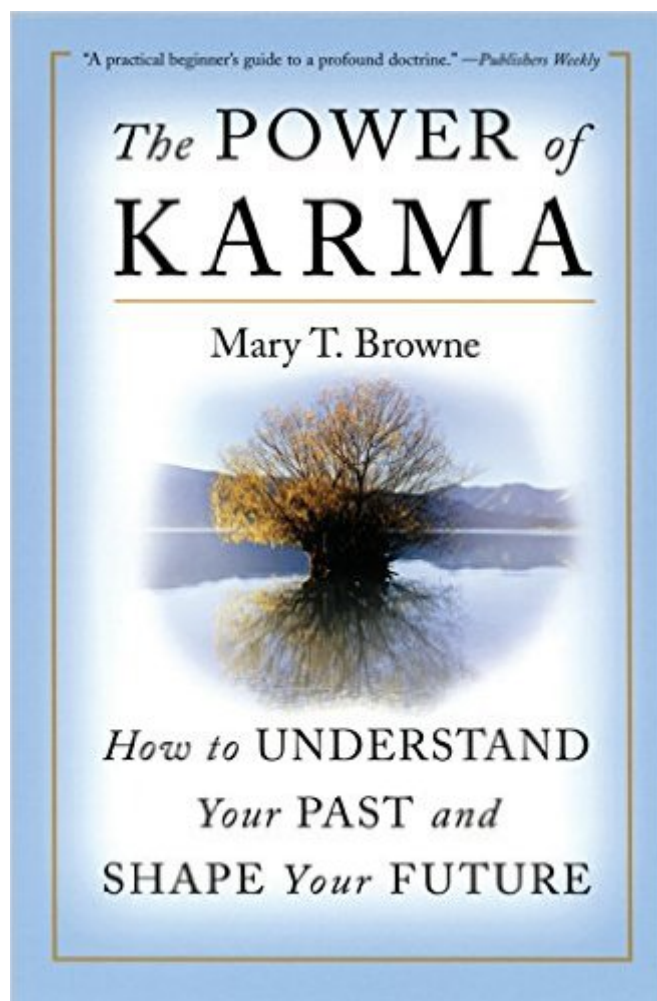


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# The Power Of Karma: How To Understand Your Past And Shape Your Future



## Synopsis

Karma is the powerful ancient law of cosmic cause and effect: your actions in past lifetimes can determine what happens to you ... today! Simply put: What goes around comes around. But you do have the power to control your destiny, no matter what your past karma. Renowned psychic, visionary, and noted author Mary T. Browne brings you fascinating real-life stories from her clients who have transformed their lives by changing their karma. With indispensable tips, easy-to-follow exercises, and powerful affirmations, she teaches you how to do the same, so you can find greater health, love, security, and balance in your life. Tapping into the "power of karma" can help you: Discover the secrets of your past lives Spot the difference between bad karma and bad judgment Recognize and avoid the "karmic boomerang" Find powerful love and passion in this lifetime Make positive "deposits" in your karmic bank account Find spiritual growth -- and real change

## Book Information

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## Customer Reviews

I absolutely loved this book. Mary Browne is apparently a fairly well known psychic, and she offers advice here in the form of cases from her files of clients dealing with life issues. The book summarizes the tales of the woman that can't stop spending money, of other women that feel they would be better off leaving their husbands for the men they are having affairs with, and many other interesting stories. Browne also discusses the issues of reincarnation and karma. She specifically goes into the effects on one's karma from various actions, which is interesting and believable, even if the concepts of reincarnation and karma are not ideas you believe in. The most interesting point of the book for me was the specifics she provided on going through past lives. For anyone that is

interested in this kind of thing, you must pick up this book. I have already recommended it to one friend, and I believe she enjoyed it greatly. I need to get my mom to read this book, and plan to read more books by Mary Browne.

I agree with much of Morgan of the Lakes review. This author seems very egotistical about her gifts and I think it negatively clouds the information she provides in this book. Karma basically is a balance of experiencing or a reaping of what we sow as the author seems to explain it and gives a fair amount of examples of clients she's counseled that have had karma return to them. But, I think this is a fairly simple understanding of karma and stops the reader from fully understanding what it is especially if they are a beginner to so called "New Age" material. The author also states that when you ask the universe for something, in her example, a hundred dollars, that you will be taking something from someone else and that little evil goblins would take it from someone needy to bring it to you. I always had an understanding that the universe was unlimited in its resources and none has to lose in order for you to gain. The fact that the author stated this in her book simply makes me feel that I wasted my time reading the book and that the material isn't very evolved in itself. I recommend reading a couple of Matthews' books from Suzy Ward for a more enlightened insight into issues such as karma etc

Mary T. Browne never disappoints. In simple language, her lessons deliver understanding. In *Love In Action*, Mary T. explained how a life of service leads to fulfillment, satisfaction, peace and balanced karma. *Life After Death* explained the continuation of life and how karma always seeks balance. Like water seeking its own level, karma finds equilibrium in physical life or spiritual. No action lacks an equal reaction. Mary T. teaches that karma is action. *The Power of Karma* emphasizes this fact by supplying the reader with action. The serious reader has a supply of colored index cards and records the messages and keeps a Karma Journal. These exercises ensure that the reader/student is involved-action = karma.

I have read this book carefully and thoughtfully. I find the author sincere and honest in how she uses her talents as a stewardship, which the author is doing here. I find this book helpful because of the real life stories she shares. It's a way to get a grasp on karma, one of the laws of the universe that many people do not understand. I have weighed her writings carefully and I think that in one case----the one about the hundred dollars-----could have been presented a little better. To visualize something a person wants, to create it non-harmfully depends on a couple of basic things. The need

must be integrous. And two, the energy put 'out there' will not necessarily create negative karma if one adds "In the Name of the Highest Good". What this means is that a person is cognizant that harm may come from what is being asked for. In that case, if the item does not show up, then it would be harmful and the universe is being allowed to operate in harmony with the request and the laws. In a well known book about Kabbalistic Magick, the author writes that there are three types of magic. White. Grey. Black. In White Magick, the seeker is seeking to improve their spiritual lives without directly affecting others on the outer planes. In grey, the intention is honest and the outcome is for the personal self in gain, but not necessarily for the spiritual Self. In black magick, this is a mistake, one not necessarily intended to do harm, but in which harm has come. In this example by the author, a person 'puts out there' that he wants \$1,000. It comes eventually, and he gets it through the death of a relative through a will. In the Name of The Highest Good would have prevented this. A few of the ideas seem to be coming from personal opinion, such as only a few gifted people have spirit guides. Such ideas can be taken with a grain of salt. However, I feel that this book is highly valuable through it's real life explanations of how the law of karma works in everyday life.

I'm not going to bash this book because overall I found author Mary Browne's explanation of karma and anecdotal evidence of how it works to be effective and interesting. But she could have reduced the size of this book and saved some trees in the process by cutting back on the amount of time she spends praising herself. To say Mary Browne is full of herself is an understatement. This is an author who can barely get through a passage without shoe-horning in some reference to how gifted or evolved she is. For instance, she brags that she has a spirit guide - something she points out that most people don't have because they just aren't good enough. The descriptions of her sessions as a psychic to the wealthy ooze with arrogance, self-importance and condescension. The only person she seems to believe has surpassed her at all is her mysterious teacher, Lawrence, whom she emphasizes selected her as a pupil presumably because - you got it - she was just so darn worthy. The book is peppered with conversations between her and this near-perfect fellow in which they dazzle each other with their brilliance. After reading this book, while the concept of karma was clearer, the author remained a puzzle. Is Mary Browne really as egotistical as she appears or is she so insecure that she feels the need to prove her importance to readers ad nauseum? If it truly is karma to learn from the missteps of our current lives, perhaps the author can learn something from her own book and exercise a little humility in her next one.

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